

TROY REC FALL 2019 ACTIVITIES SCHEDULE

SEPTEMBER

Sept 10th-Nov 14th: Tues/Thurs, 3-4pm
Trojan Fitness Trials

Strength and cardio w/ a personal trainer.
Sign up at the Rec. All participants must have
a waiver. Free!

20th: Rec After Hours, 8-11pm
Free! High School Only

22nd: Day of Gratitude, 2-5pm
Open House
Free and open to the
community

23rd: Cooking Club, 3:15pm
Learn new skills, eat good food.
Free!

October

Oct 1st-Nov 14th: Tues/Thurs, 3-4pm
Trojan Fitness Trials

Strength and cardio w/ a personal trainer.
Sign up at the Rec. All participants must have
a waiver. Free!

11th: Magic the Gathering Draft, 6-10pm
\$10 entry fee

25th: Halloween Events, 7-11pm
6th-8th grade, 7-10pm: Halloween Dance and
costume contest. \$5
9th-12th grade, 8-11pm: Halloween Party and
costume contest. \$5

NOVEMBER

1st: Ninja Obstacle, 5pm
Open gym. Contact The Rec for details. \$10

2nd: Ninja Obstacle, 8am
Competition. Contact The Rec for details

4th: Cooking Club, 3:15pm
Learn new skills, eat good food.
Free!

5th-14th: Tues/Thurs, 3-4pm
Trojan Fitness Trials
Strength and cardio w/ a personal trainer.
Sign up at the Rec. All participants must have
a waiver. Free!

18th: Cooking Club, 3:15pm
Learn new skills, eat good food.
Free!

22nd: Rec After Hours, 8-11pm
Free! High School Only

December

13th: Christmas Dance, 7-10pm
6th-8th grade. \$5

27th: Rec After Hours, 8-11pm
Movie Night High School Only
\$2 admission, includes pop and popcorn

